



Southeastern Council on  
Family Relations  
2019 Annual Conference

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An affiliate of  
the National Council on Family Relations

# The Evolution of Relationships: Changing Social Roles



**#SECFR19**  
**April 12<sup>th</sup> - 13<sup>th</sup>, 2019**  
**Bentonville, Arkansas**

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Approved for 6.5 contact hours /.65  
Continuing Education Credits for the  
Certified Family Life Educator program through  
the National Council on Family Relations.

# Welcome

On behalf of all of us on the SECFR board, welcome to Bentonville! This conference serves a way for students, researchers, practitioners, educators, and other similar professionals to come together for an exchange of research, knowledge, and ideas. We appreciate the time and energy you have put into traveling to be with us for this event. We hope that when you will leave this conference that you will have new friends, professional connections, and an appreciation of working with families in a variety of contexts and backgrounds. We also hope that you will put some thought into joining us on the board in order to help us enhance our region's programming and conference experience next year. Thank you, and we will see you in session.

SECFR is the largest region of the NCFR affiliates; encompassing nine primary member states in Southeast United States (AL, AR, FL, GA, LA, MS, NC, SC, TN) and seven adjoining member states that are either physically touching one of the primary southeastern membership states or is less than 100 miles from one of the primary southeastern membership states (OK, KS, MO, KY, WV, VA, IL). We would love to hear about the great things you are doing in your community and how you are making a difference in the lives of families. Feel free to approach any of the board members or visit our registration table to introduce yourself and let us know how you would like to be involved. Our families in the Southeast and neighboring states are grateful for all the work you do.



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\*If interested in a position or would like to learn more,  
please contact Dr. James Duncan [jmduncan@uark.edu](mailto:jmduncan@uark.edu).





# secfr

## Conference Schedule

**Thursday, April 11, 2019**

1:00pm-5:00pm  
*CONFERENCE REGISTRATION*  
Room: *LOBBY*

**Friday, April 12, 2019**

8:45am-4:00pm  
*CONFERENCE REGISTRATION*  
Room: *LOBBY*

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8:45am-9:00am  
*OPENING REMARKS*  
Room: *Cornerstone Ballroom*

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**CONCURRENT SESSION 1**

9:15am-10:00am  
*Theme 1: Issues Across the Lifespan*  
Room: *Cornerstone Ballroom (side A)*

“Policy Perspectives: Nonprofits & Government Impact on Aging in Place”

Dr. Celeste Hill  
Samford University

“Grouping Young Adults Based on Physical Activity, Alcohol Consumption Patterns, and BMI”

Ryan Grant, Jennifer N. Becnel, & Dylan C. Martinez  
University of Arkansas

“Bridging the Generation Gap: When Cyber Seniors & Millennials Meet”

Dr. Celeste Hill  
Samford University

**Friday, April 12, 2019 continued**

9:15am-10:00am

Concurrent Session 1 continued

Theme 2: Parenting

Room: *Cornerstone Ballroom (side B)*

“The Effects of Military Specific Stressors on Military-Dependent Youth Attachment: The Role of Perceived Maternal Nurturance”

Louis Bustos, Dr. Casey Totenhagen, & Dr. Albright  
University of Alabama

“Development and Validation of a Short Form for the MCS-DR”

Dr. Anthony J. Ferraro, Hilary D. Pippert, & Dr. James M. Duncan  
Kansas State University

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**WORKSHOP**

10:00am-11:00am

Theme 3: Family Life Coaching

Room: *Cornerstone Ballroom (side A)*

“The Progression & Practice of Family Life Coaching”

Dr. Kim Allen, Dr. Margaret Machara, & Dr. Debbie Farr  
North Carolina State University, Tennessee State University, & Flourishing Families

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**UNDERGRADUATE SESSION**

10:00am-11:00am

Theme 4: Undergraduate Oral Presentations

Room: *Cornerstone Ballroom (side B)*

“Sex Trafficking Survivors’ Perspectives on Relational Resources”

Regan Moss & Dr. Luaren Ruhlman  
Auburn University,

“Perceptions of Sexual Assault in Young Adult Romantic Relationships”

Liane Birmingham, Dr. Jacquelyn Mosey, & Ana Bridges  
University of Arkansas

“Barriers Sex Trafficking Survivors Encounter during the Transition out of Commercial Exploitation”

Rachel Howell, Michael K. Schiferl, & Dr. Lauren Ruhlmann  
Auburn University

“How Deployments Impact the Marital Quality of Service-Men and Their Partners”

Braina Clay & Dr. Sun-A Lee  
University of Louisiana at Lafayette

Friday, April 12, 2019 continued

**CONCURRENT SESSION 2**

11:00am-12:00pm

*Theme 5: Classroom Environments*

Room: *Cornerstone Ballroom (side A)*

“Cultivating Competence: Peer-to-Peer Interviewing”

Dr. Celeste Hill  
Samford University

“Bringing Gender Sensitive Teaching into the Classroom: Tapping into the Aspirations and Abilities of Evangelical College Aged Women”

Dr. Melissa Hall  
University of Arkansas

11:00am-12:00pm

*Theme 6: Emotions & Coping*

Room: *Cornerstone Ballroom (side B)*

“Resilience & Coping in Survivors of Unwanted Sexual Contact: Do Gender & Service Utilization Make A Difference?”

Madeleine Frankford  
University of North Alabama

“Tracking the Cycle: A Glimpse into EFFT”

Julia Conroy  
University of Arkansas

“The Role of Faith, Religion, & Spirituality During Pregnancy: An Empirical & Theoretical Review”

Haley Sherman, Dr. Mallory Lucier-Greer, & Silvia L. Vilches  
Auburn University

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**BREAK**

12:00pm-1:00pm

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**KEYNOTE SESSION**

1:15pm-2:45pm

**KEYNOTE PLENARY**

Room: *Cornerstone Ballroom*

“Changing Social Roles in the Context of Emerging Adulthood”

Dr. Kayla Reed-Fitzke  
Licensed Marriage and Family Therapist  
Co-Chair for the NCFR Military Families and Children Focus Group  
The University of Iowa, College of Education, Department of Psychological & Quantitative Foundations

**POSTER SESSION**

3:00pm-4:00pm

*Poster Session*

*Room: Cornerstone Ballroom*

“Perceptions of Police-Community Divide in Central Alabama”

Dr. Lolita Kincade  
University of Montevello

“Welcome to Our Family: A Child’s Perspective of Fostering & Adoption”

Emma Pain, Madeline Pepin, Abby Plott, & Lauren Center  
Samford University

“From Virtual to Reality: The Positive & Negative Outcomes of Video Game Play in Adolescents”

Benjamin Burke & Dr. James M. Duncan  
Auburn University & University of Arkansas

“The Inclusion of Training on Family Engagement in State-Level ECE Workforce Policy”

Larra Rucker  
University of Arkansas

“Experiencing Death & Loss Through School Shootings”

Alyx Gordy, Hettie Warlick, Madison G. Wiggins, & Kasey Lawton  
Georgia Southern University

“Young Minds Faced with Tragedy: How to Communicate with Children about Death and Support their Coping”

Seema Patel, Hallie Rhoads, Bre Stuart, & Hayley DeRosa  
Georgia Southern University

“Linking Learning Disabilities with Long-Term Mental Health”

Ashley Berghoff, Meaghan Tipton, & Amanda L. Williams  
University of Arkansas

“Youth Marathon Training with Humanitarian Purpose: A Window into Adolescent Identity Work”

Sarah Brown, Meaghan Tipton, & Amanda L. Williams  
University of Arkansas & university of Southern Mississippi

“Using Therapeutic Play to help Children Cope with Changing Social Roles within the Family After Death has Occurred”

Allison Kandrack  
Georgia Southern University

“To introduce new concepts for self-making decisions on sexualities: For Latina girls and their parents”

Jihyun Shin  
Mississippi State University



**Friday, April 12, 2019 continued**

3:00pm-4:00pm

Poster Session continued

Room: *Cornerstone Ballroom*

“Sexual Assault among Students with Disabilities: The Hidden Victims”

Jenna Holloway & Dr. Jacquelyn Mosley  
University of Arkansas

“Body Image, Self-Esteem, & Experiences of Weight Stigma, & Fat Bias in Male & Female Young Adults with Varying BMI”

Carlie Smith & Jennifer Becnel  
University of Arkansas

“Variations in Coparenting & Parenting Functioning Among At-risk Couples Following Participation in Couples Relationship Education”

Rachael Nagy, Ted Futris, & Dr. Evin Richardson  
University of Georgia

**Saturday, April 13, 2019**

9:00am-10:00am

*CONFERENCE REGISTRATION*

Room: *LOBBY*

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**ROUNDTABLE SESSION**

9:30am-10:00am

Theme 7: Quantitative & Qualitative Measurement

Room: *Cornerstone Ballroom (side A)*

“Measuring Family Resilience: Quantitative versus Qualitative Approaches”

Daniel Walker, Dr. Betsy Garrison, & Dr. Timothy S. Killian  
University of Arkansas

9:00am-10:00am

Theme 8: Mental illness in vulnerable populations

Room: *Cornerstone Ballroom (side B)*

“Mental Illness: The Unspoken Lived Experiences of Family Members of Incarcerated African American Males”

Tremaine Leslie  
University of Arkansas

**CONCURRENT SESSION 3**

10:00am-11:30am

*Theme 9: Military*

*Room: Cornerstone Ballroom (side A)*

“Mobilizing Family Research: Evaluating Current Research & Disseminating Practical Implications to Families, Helping Professionals, & Policy Makers”

Lucy Nichols, Katherine Abbate, Dr. Catherine W. O'Neal, & Dr. Mallory Lucier-Greer  
Auburn University & University of Georgia

“A Multi-Informant Study of Perceived Parental Conflict & Youth Adjustment among Siblings within Military Families”

Davina Quichocho & Dr. Mallory Lucier Greer  
Auburn University

“Accepting Influence in Military Couples: Implications for Couple- and Family-Level Outcomes”

Clairee Peterson & Dr. Mallory Lucier-Greer  
Auburn University

“Can There Be Growth After Trauma? An Application-Focused Review of Posttraumatic Growth”

Benjamin Burke, Davina Quichocho, Haley Sherman, Catherine W. O'Neal & Mallory Lucier-Greer  
Auburn University

10:00am-11:30am

*Theme 10: Couples & Families in the South*

*Room: Cornerstone Ballroom (Side B)*

“Through the Eyes of a Child: What Life is Like for Typically Developing Siblings of Siblings with Autism Spectrum Disorder”

Brian Visconti, Dr. Victor W. Harris, Ginny Hinton, & Alison Schmeer  
University of Florida

“*Familismo*: How Eight Categories of Needs are Met in Hispanic American Families Within the Context of Familism”

Nelly Nelson, Dr. Victor W. Harris, & Ginny Hinton  
University of Florida

“Rethinking Traditional Pre-Test Post-Test Evaluation in Couple & Relationship Education: Final Results From a Three-Year Study”

Dr. Victor W. Harris, Brian Visconti, Nelly Nelson, & Ginny Hinton  
University of Florida

“The Strengthening Marriage and Relationships Training (SMART) Florida Project: Year 3 Impacts and Outcomes”

Ginny Hinton, Nelly Nelson, Brian Visconti, & Dr. Victor W. Harris  
University of Florida

Saturday, April 13, 2019 continued

**AWARDS & INSTALLATION OF NEW OFFICERS**

11:45am-12:15pm

*Closing Remarks*

Room: *Cornerstone Ballroom (Room A)*

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**SECFR BOARD OF DIRECTORS MEETING**

12:30pm-2:00pm

*Incoming & Outgoing Members*

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# **Keynote Plenary**



“Changing social  
roles in the context  
of emerging  
adulthood”

Dr. Kayla Reed-Fitzke is an assistant professor of Couple and Family Therapy at the University of Iowa and a licensed marriage and family therapist. Her research focuses on promoting health and well-being during emerging adulthood by examining intersections of risk and resilience to identify points of prevention and intervention. A primary emphasis on her research is on the role of the family as a source of protection or vulnerability. She was the Project Co-Manager of the Emerging Adult Healthy Relationships Study (2013-2016), and is the current Co-Chair for the NCFR Military Families and Children Focus Group.

**THANK YOU & SAFE TRAVELS HOME!**



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JUNE 13-14

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**TAKING CARE OF BUSINESS:  
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**KEYNOTE SPEAKERS**

Nancy Doyle, Ph.D  
Dathan Rush, Ed.D  
Sarah Sexton, M. Ed

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