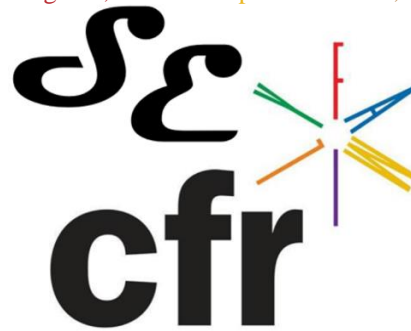


# Annual Conference

Birmingham, Alabama April 02<sup>nd</sup> – 04<sup>th</sup>, 2020



An affiliate of the National Council on Family Relations

## A Vision for Families



## Exploring & Solidifying Professional Identity in Family Sciences





Board of Directors .....	3
Welcome Message.....	4
Conference Schedule.....	4
Concurrent Session 1.....	5
Theme 1: <i>Paper</i> : Social Media Usage	
Theme 2: <i>Paper</i> : Diverse Parental Roles	
Concurrent Session 2.....	5
Theme 3: <i>Workshop</i> : Social Desirability in Research	
Theme 4: <i>Workshop</i> : Social Justice Framework in Research	
Concurrent Session 3.....	6
Theme 5: <i>Paper</i> : Issues Across Vulnerable Populations	
Theme 6: <i>Paper</i> : Helicopter Parenting Among College Students	
Concurrent Session 4.....	6-7
Theme 7: <i>Paper</i> : College Student Well-being (pg. 6)	
Theme 8: <i>Paper</i> : Helicopter Parenting Among College Students (pg. 7)	
Keynote Plenary .....	7
Promotion of Resilience and Relational Health for Diverse Populations	
Concurrent Session 5.....	7-8
Theme 9: <i>Paper</i> : Understanding the Effects of Traumatic Experiences in Childhood (pg. 7)	
Theme 10: <i>Paper</i> : Physical & Social Health Related Behaviors (pg. 8)	
Concurrent Session 6.....	8
Theme 11: <i>Paper</i> : Examining Risk & Resilience in Military Populations	
Theme 12: <i>Roundtable</i> : Community Services, Self-Care, & Professional Volunteering	
Concurrent Session 7.....	9
Theme 13: <i>Paper</i> : Evaluating Programs & Services	
Theme 14: <i>Roundtable</i> : Students, Faculty, & New Professionals Research	
Concurrent Session 10.....	11-12
Theme 15: <i>Poster</i> : Research on Relationships	
Theme 16: <i>Poster</i> : Research on Vulnerable Populations	
Keynote Bio.....	13
Dr. Francesca Alder-Beader	
Hotel Meeting Space Map.....	13

Approved for 8 contact hours /.8 continuing education credits for the Certified Family Life Educator program through the National Council on Family Relations

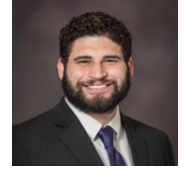


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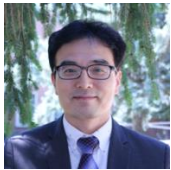
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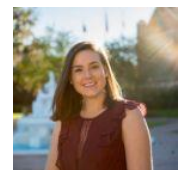
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# Welcome

On behalf of all the SECFR Board Members, welcome to Birmingham! This conference serves as a way for students, researchers, practitioners, educators, and other Family Science professionals to come together for an exchange of research, knowledge, and ideas related to the promotion of individual and family well-being. We appreciate the time and energy you have put into traveling to be with us for this event. We hope that your engagement in this conference will spark new friendships, professional connections, and an appreciation of working with families in a variety of contexts and backgrounds.

**In order to help facilitate engagement please note that we will be hosting a social outing (providing appetizers and soft drinks) on Friday evening April 3<sup>rd</sup> after concurrent section 6 presentations at *Dave & Buster's* adjacent to the conference hotel. We hope this will provide students and new professionals an opportunity to network with other professionals who share similar interests related to their proposal/presentation topics.**

SECFR is the largest region of the NCFR affiliates; encompassing nine primary member states in the southeast United States (AL, AR, FL, GA, LA, MS, NC, SC, TN) and five adjoining member states that are either physically touching one of the primary southeastern membership states or is less than 100 miles from one of the primary southeastern membership states (KS, MO, KY, WV, VA). We would love to hear about the great things you are doing in your community and how you are making a difference in the lives of families. Feel free to approach any of the Board Members or visit our registration table to introduce yourself and let us know how you would like to be involved. Our families in the southeast and neighboring states are grateful for all the work you do. We hope that you will put some thought into joining us on the Board of Directors in order to help enhance our organization's programming and conference experience next year. Thank you, and we will see you in session.



## Conference Schedule

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**1:00pm-5:00pm: CONFERENCE REGISTRATION - Room: *LOBBY***

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**5:30pm-7:00pm: PRE-CONFERENCE MEET & GREET - Room: *LOBBY***

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**8:00am-4:00pm:** CONFERENCE REGISTRATION - Room: **LOBBY**

**8:30am-8:40am:** OPENING REMARKS - Room: **YORKSHIRE**

**CONCURRENT SESSION 1**

**8:45am-9:55am**

*Theme 1: Paper: Social Media Usage* [Room: **YORKSHIRE**]

“Do Instagram ‘likes’ Influence High Schoolers' Self-Esteem”

Cecily Price, Ashlynn Breland, Tierra Gipson, Catisha Jones, & Faith Baker  
Mississippi State University

“Social Media & Self-Esteem”

Alexa England, Sarah Jenkins, Alex Jackson, Courtney Ray, & Amber McCord  
Mississippi State University

“Depression & Social Media Use of Undergraduate Females”

Addison Braddock, Ryann Lipcon, Abigail King, & Kristen Kocher  
Mississippi State University

“What Leads College Students to Engage in Risky Behaviors: Dynamics Among Peer Pressure, Social Media, & Risky Behaviors”

Charese Williams & Sun-A Lee  
University of Louisiana at Lafayette

*Theme 2: Paper: Diverse Parental Roles* [Room: **WYNDSOR II**]

“Open Adoption: An Expansion of Family”

Madeline Huisjen  
John Brown University

“Perspectives on the Effectiveness of Foster Care Camp Training”

Heather Hughes  
John Brown University

“Effect of Parental Incarceration on Their Children: Children’s Experience of Parents’ Arrest & Information Disclosure to Children on Parents’ Arrest”

Afua Amankwaa  
Lingnan University

“Examining Results Across Time in Relationship Education with Incarcerated Adults”

Terra Jackson, Francesca Adler-Baeder, & Leah Burke  
Auburn University

**CONCURRENT SESSION 2**

**10:00pm-10:45am**

*Theme 3: Workshop: Social Desirability in Research* [Room: **YORKSHIRE**]

“Measurement & Control of Social Desirability Bias in Survey Research”

Tommy Phillips  
Mississippi State University

*Theme 4: Workshop: Social Justice Framework in Research* [Room: **WYNDSOR II**]

“A Social Justice Framework Design an Optimal Learning Environment Model”

Janis L. Henderson  
J. Henderson Education Services



**CONCURRENT SESSION 3**

**10:50am-11:40am**

*Theme 5: Paper: Issues Across Vulnerable Populations [Room: YORKSHIRE]*

“The Experiences of Ethnic Minority Students at a CCCU Institution”

Aubrey Franke, Laura Gutierrez, & Kyra Ruch  
John Brown University

“The Gray Area: A Qualitative Exploration of the Unconventional Dynamics of Black/White Couples”

Salimata Fall  
Louisiana State University

“Assess Intersectionality & Cultural Competence: Attitude toward Elderly Immigrants”

Youn Mi Lee  
Mississippi University for Women

*Theme 6: Paper: Helicopter Parenting Among College Students [Room: WYNDSOR II]*

“Helicopter Parenting and College Students' Self-Esteem and Self-Efficacy”

Brennan Higginbotham, Lauren Babineaux, Elizabeth Ledet, Sun-A Lee, & Charles Allen Lynn  
University of Louisiana at Lafayette & University of North Carolina, Wilmington

“Helicopter Parenting and College Students' Relational/Social Aggression”

Lauren Babineaux, Elizabeth Ledet, Brennan Higginbotham, Sun-A Lee, & Charles Allen Lynn  
University of Louisiana at Lafayette & University of North Carolina, Wilmington

“Moderating Role of Parent-Child Relationships between Helicopter Parenting and College Students' Self-Esteem and Depression”

Elizabeth Ledet, Brennan Higginbotham, Lauren Babineaux, Sun-A Lee, & Charles Allen Lynn  
University of Louisiana at Lafayette & University of North Carolina, Wilmington

**CONCURRENT SESSION 4**

**11:45am-12:35pm**

*Theme 7: Paper: College Student Well-being [Room: YORKSHIRE]*

“Exploration of Factors That Contribute to the Financial Wellbeing of College Students”

Cecilia Brooks, Brandan Wheeler, Tommy Phillips, Alisha M. Hardman, & Becky Smith  
Mississippi University for Women & Mississippi State University

“The Impact of Intramurals on College Students' Mental Well-being”

McKenna Bender & Ashton Howe  
John Brown University

“Student's Proximity to Campus Affects Their GPA”

Hannah Oliver, Rylee Burchfield, Bethany Pickard, & Sarah Pack  
Mississippi State University



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**CONCURRENT SESSION 4**

**11:45am-12:35pm**

*Theme 8: Paper: Issues Related to Parenting [Room: WYNDSOR II]*

“Developing Courageous Influence: The Direct Impact of Society, Cultural Views, & Good Father-Daughter Relationships on Adolescent Girls”

Kennie Hicks, III  
Mississippi University for Women

“Nonresident Fathers’ Care-Provision Trajectory: Growth Mixture Modeling Approach”

Kwangman Ko  
East Tennessee State University

“Exploring Work-Family Guilt and Parenting”

Melissa LaGraff  
University of Tennessee

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**12:35pm-1:15pm: BREAK**

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**KEYNOTE PLENARY**

**1:15pm-2:00pm**

*Room: YORKSHIRE*

“Promotion of Resilience & Relational Health for Diverse Populations”

Dr. Francesca Adler-Baeder  
Alumni Professor of Human development & Family Studies at Auburn University  
Director & Principal Investigator of the Alabama Healthy Marriage & Relationship Education Initiative

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**CONCURRENT SESSION 5**

**2:05pm-3:15pm**

*Theme 9: Paper: Understanding the Effects of Traumatic Experiences in Childhood [Room: YORKSHIRE]*

“Engaging with a Prevention Approach: System Supports Needed in Child Abuse & Neglect Prevention”

Silvia L. Vilches, Beth S. McDaniel, Haley Sherman,  
Brianna Burks, Allie Merritt, Terra Jackson, Synithia W. Flowers, & Debra Ward  
Auburn University & Alabama Cooperative Extension

“The Long-Term Effects of Domestic Violence in Childhood: College Students Current Dating Life, Academic Achievement, & Depressive Symptoms”

Precious Phillips & Sun-A Lee  
University of Louisiana, Lafayette

“Prevention, Protection, or Institutional Oppression? Exploring Family Well-Being & the Institution of Child Abuse & Neglect Prevention in Alabama”

Beth McDaniel, Dr. Silvia Vilches, & Allie Merritt  
Auburn University

“Bereavement Support for Children in Schools”

Madison G. Wiggins  
Georgia Southern University



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**CONCURRENT SESSION 5**

**2:05pm-3:15pm**

*Theme 10: Paper: Physical & Social Health Related Behaviors [Room: WYNDSOR II]*

“Sense of (Online) Community? The Social Organization Theory of Action & Change & Adult Video Game Players”

Benjamin Burke & James Duncan  
Auburn University & University of Arkansas

“Management of Type 1 Diabetes: A Family Affair”

Emily Grubbs  
Mississippi State University

“Family Stressors & How They Relate to the Onset of Eating Disorders & Disordered Eating”

Courtney Reed  
Mississippi University for Women

“Exploring Romantic Partners’ Influence on Weight- & Diet-Related Health Behaviors: A Review of the Theory & Empirical Findings”

Menglin Wei  
Auburn University

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**CONCURRENT SESSION 6**

**3:20pm-4:30pm**

*Theme 11: Paper: Examining Risk & Resilience in Military Populations [Room: YORKSHIRE]*

“Where is the Resilience in Army STARRS? Evaluating Psychometrics of a Multi-Dimensional Resilience Construct”

James Duncan, Kayla Reed-Fitzke, Anthony Ferraro, Armeda Wojciak, Alexis Hamilton, & Hilary Pippert  
University of Arkansas, Kansas State University, University of Iowa

“Does Religion Buffer the Impact Combat Exposure Has on Depressive Symptomology?”

Haley M. Sherman, Nick Frye-Cox, & Mallory Lucier-Greer  
Auburn University

“Childhood Experiences & Accepting Influence in Military Couples”

Clairee Peterson & Catherine Walker O'Neal  
University of Georgia

““What Does That Even Mean?” Improving Research Accessibility Through the Creation & Application of a Tailored Dictionary”

Allison Tidwell, Katherine Abbate, & Mallory Lucier-Greer  
Military REACH at Auburn University

*Theme 12: Roundtable: Community Services, Self-Care, & Professional Volunteering [Room: WYNDSOR II]*

“I Need a Soft Place to Land: The Need for Therapeutic Preschool Settings for Children & Their Families”

Laura Bloom  
University of Montevallo

“Successes & Roadblocks within Affiliate Council Initiatives”

Jennifer Zorotovich & James M. Duncan  
Georgia Southern University & University of Arkansas

“Understanding & Practicing Self Care”

Melissa Hall & Geoff T. Reddick  
John Brown University





**8:00am-10:00am:** CONFERENCE REGISTRATION - Room: *LOBBY*

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**8:45am-8:55am:** DAY TWO OPENING REMARKS - Room: *YORKSHIRE*

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**CONCURRENT SESSION 7**

**9:00am-9:50am**

*Theme 13: Paper: Evaluating Programs & Services [Room: *YORKSHIRE*]*

“Identity Development in the Gap: Emerging Adults' Experiences in Structured Gap Year Programs”

Kara Peterson  
John Brown University

“Determining Human Development Competency Training Needs of FCS Extension Professionals”

AlliGrace Story, Alisha M. Hardman, Marina D. Denny, & Geoff Denny  
Mississippi State University

“What Human Services & Helping Professionals Need to Know about Employee Retention & Work-Life Balance”

Davina Quichocho, Mallory Lucier-Greer, Lucy R. Nichols,  
Nick Frye, Catherine Walker O'Neal, & Allie Krumm  
Auburn University & University of Georgia

*Theme 14: Roundtable: Students, Faculty, & New Professionals Research [Room: *WYNDSOR II*]*

“The Experience of Undergraduate Family Science Female Students: A Qualitative Study”

Geoff T. Reddick & Melissa Hall  
John Brown University & University of Arkansas

“Using Available Archival & Secondary Data to Drive Cutting Edge Research”

James M. Duncan, Anthony J. Ferraro, Hilary Pippert, & Kayla Reed-Fitzke  
University of Arkansas, Kansas State University, & University of Iowa

“Tales From the Mentor & the Mentee: Faculty-Student Collaborations in Undergraduate Student Research”

Jennifer Zorotovich & Madison Wiggins  
Georgia Southern University



**CONCURRENT SESSION 10**

**10:15am-11:15am**

Room: **YORKSHIRE**

*Theme 15: Poster: Research on Relationships*

“Relationship Satisfaction & Diet: Exploring the Mechanisms Through Which Intimate Relationships Influence Physical Health”

Lindsey Robinson, Dylan Hillock, & Josh Novak  
Auburn University

“An Interdisciplinary Study to Understand Treatment Seeking Behavior Among Female Survivors of Eating Disorders: Anorexia nervosa, Bulimia nervosa, & Binge Eating Disorder”

Meaghan Tipton  
University of Arkansas

“Dyadic Links Among Adverse Childhood Experiences (ACEs), Mindfulness, & Relationship Quality in Couple Relationship Education (CRE) Study Participants at Program Entry”

Erin Cooper, Francesca Adler-Baeder & Julianne McGill  
Auburn University

“The Association between Sibling Relationship Dynamics & Empathic Abilities in Young Adulthood”

Nahide Gungordu & Maria Hernandez-Reif  
The University of Alabama

“A Multi-Family Group Intervention: Affect Regulation & Coping Strategies as a Means of Improving Family Functioning & Attachment Behaviors between Adolescents Adjudicated of a Sex Offense & Their Mothers”

Takoma Lindsay, Raven Pyle, & Ben Hinnant  
Auburn University

“Demographic Variations in Mindfulness Levels”

Lindsey Almond, Julianne McGill, & Francesca Adler-Baeder  
Auburn University

“Families & Collegiate Recovery Programs on the College Campus”

Leah Pylate, Alisha M. Hardman, Laura Downey, & Joe D. Wilmoth  
Mississippi State University

“Sexual Satisfaction in Relationships”

Shakina Kelley  
Mississippi University For Women

“Religiosity & Online Dating Behaviors: The Mediating Role of Perceptions & Concerns”

Lindsey Almond & Jacquelyn Mallette  
Auburn University

“Relationship Satisfaction & Exercise Self-Efficacy Mediated by Mental Health”

Dylan Hillock, Lindsey Robinson, & Joshua Novak  
Auburn University



**CONCURRENT SESSION 10**

**10:15am-11:15am**

Room: *WYNDSOR II*

*Theme 16: Poster: Research on Vulnerable Populations*

“Examining the Effects of Virtual Reality on Minimizing Pain in Children Receiving an Injection”

Gracie Avery, Molly Lukas, Amber Wesoloski, Emily B. Goldstein, Clare Johlie, & Shannon Anderson  
The University of Alabama

“The Intersect of Race and Gender: Paternal Messages & Approaches to Gendered-Racial Microaggressions with their African American Daughters”

Shawnice Johnson  
Virginia Tech

“Opioid Abuse in Older Adults”

Madeline Tufford  
Georgia Southern University

“Exploration of Agricultural Literacy & Importance of Agricultural Practices among College Students at a Liberal Arts University”

Cecilia Brooks, Tommy Phillips, & Rashmi Kunwar  
Mississippi University for Women & Mississippi State University

“Dynamic Impact of Aging on Income Inequality in the U.S. with Vector Autoregressive Model”

Joo Young Lee & Youn Mi Lee  
University of West Alabama

“Understanding Spiritual Life & Healthy Eating Behaviors Among Older African Americans”

Meeshay Wheeler, Sung-Jin Lee, & Valerie L. Giddings  
North Carolina A&T State University

“Exploring Family Coherence & Adaptability Among Adoptive Families”

Emily Shaw & Alisha Hardman  
Mississippi State University

“Race - Related Stress & Mental Health in African Americans”

Jasmine M. Godwin & Jennifer J. Ross  
Tuskegee University

“White-Black Disparity in Maternal Mortality & morbidity: An Exploration of Risk Factors”

Ann Gilbert & Erin Harmeyer  
Louisiana State University

“Food Insecurity & Housing Instability for Fragile Fathers”

Jessica Resor  
Virginia Tech



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**AWARDS PRESENTATION & CLOSING REMARKS**

**11:30am-12:00pm**

*Awards Presentation & Closing Remarks*

Room: **YORKSHIRE**

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**SECFR BOARD OF DIRECTORS MEETING**

**12:00pm-1:00pm**

*Incoming & Outgoing Members; Discussion of Event Logistics; New Business Considerations*

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**KEYNOTE BIO**



**Dr. Francesca Adler-Baeder** is AU Alumni Professor of Human Development and Family Studies at Auburn University in Alabama and oversees the National Stepfamily Resource Center. She has worked for over two decades in the active bridging of research and practice through program design, curriculum and resource development, capacity-building with community partners, and participatory research. She has served for multiple years as the evaluator in partnership with the Alabama Dept. of Child Abuse and Neglect Prevention, overseeing the assessment each year of over 140 prevention programs and fatherhood programs in the state. She also has served as the Director and Principal Investigator of the Alabama Healthy Marriage and Relationship Education Initiative since 2002 and has secured consistent federal funding each year through competitive grants to support her work focused on youth and adult relationship education over the last 18 years, employing over 50 educators, staff and students each year.

Her work primarily centers on the understanding of and the promotion of relationship health, interpersonal competence, and family and individual resilience, with special emphasis on the experiences of more vulnerable, structurally complex families. The design and research results of her initiatives have been recognized by the U.S. Dept. of Health and Human Services and resulted in an invitation to present at a 2009 White House Roundtable on innovative university-community partnerships. She has given over 250 presentations at state, national, and international conferences/meetings, has over 75 academic publications, and has actively mentored over 75 graduate students. In 2009, Dr. Adler-Baeder was named Auburn University's Distinguished Diversity Researcher; in 2013 she received the Auburn University Faculty Excellence in Outreach Award; in 2015 she was named a Fellow for the National Council on Family Relations; and in 2016 was awarded the Association for Public and Land-Grant Universities' Outstanding Engagement Award. In 2018 she was awarded along with her long-time collaborator, Ted Futris, the Margaret E. Arcus Outstanding Family Life Educator Award from NCFR.





SECFR will hold its annual conference in Savannah, Georgia in 2021



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## HOTEL MEETING SPACE MAP

*Lobby Level*

*Second Level*

